



Youth Sports

Parent/Tot Sports

Parent Tot Sports (Ages 2-3) JM

This program gives you and your child an opportunity to bond and have fun together while learning a variety of sports. This class is great for simple motor skills such as catching, throwing, batting, shooting, passing, and anything that involves hand-eye coordination. Parents participate with the child as we play soccer, basketball, hockey, t-ball, and many other sports. This program is instructed by All Star Sports, a professional sports company based out of Geneva, Illinois.

Location: Carroll Park

Th, 4-4:45pm

Sep 11 - Oct 23

of weeks: 7

Th, 5-5:45pm

Sep 11 - Oct 23

of weeks: 7

\$70/\$105

#413790-07

Min 6/Max 14

\$70/\$105

#413790-08

Min 6/Max 14

General Sports Just for ages 6-8

Pee Wee Football (Ages 6-8) JM

We will practice kicking, passing, and running; two hand touch defense will be emphasized. Sign up now so you can be the next Donovan McNabb.

Location: Hatch School

Tu, 5-6pm

Nov 18 - Dec 16

of weeks: 5

\$35/\$52

#413790-17

Min 6/Max 30

Indoor Whiffle Ball (Ages 6-8) JM

Come on indoors as we work on the fundamentals of baseball. Hitting, running and fielding will be covered, but the emphasis will be on fun!

Location: Hatch School

W, 5-6pm

Nov 12 - Dec 17 (No class 11/26)

of weeks: 5

\$35/\$52

#413790-19

Min 6/Max 30

Hoop Hysteria (Ages 6-8) JM

The basics of basketball will be taught in this class. Dribbling, passing, shooting and defense will be stressed. Sign up today to be the next Le Bron James or Lisa Leslie.

Location: Hatch School

Th, 5-6pm

Nov 6 - Dec 18 (No class 11/13, 11/27)

of weeks: 5

\$35/\$52

#413790-21

Min 6/Max 30

Pee Wee Pucksters (Ages 6-8) JM

Calling all floor hockey players. Come to this great class as we will practice shooting, stick handling, passing, defense and goal tending.

Location: Mann School

F, 5-6pm

Nov 7 - Dec 12 (No class 11/28)

of weeks: 5

\$35/\$52

#413790-23

Min 6/Max 30

General Sports Just for Ages 3-5

Baseball & Soccer (Ages 3-5) JM

Half of the class will be devoted to soccer. We will work on dribbling, passing, shooting and goalie play. The other half of the class we will play t-ball. We will focus on base running, hitting, throwing and fielding.

Location: Hatch School

W, 4-4:45pm

Nov 12 - Dec 17 (No class 11/26)

of weeks: 5

\$35/\$52

#413790-18

Min 6/Max 30

Baseball & Basketball (Ages 3-5) JM

Learn the basics of two sports in one class! We'll play basketball focusing on dribbling, shooting and passing. We will also play baseball with an emphasis on hitting, fielding and base running. The basic ingredient will be fun.

Location: Hatch School

Th, 4-4:45pm

Nov 6 - Dec 18 (No class 11/13, 11/27)

of weeks: 5

\$35/\$52

#413790-20

Min 6/Max 30

Football & Basketball (Ages 3-5) JM

We will learn the great sport of football. Running, passing, defense and kicking will be emphasized. We will also play basketball where dribbling, passing, and shooting and defense will be stressed.

Location: Hatch School

Tu, 4-4:45pm

Nov 18 - Dec 16

of weeks: 5

\$35/\$52

#413790-16

Min 6/Max 30

Baseball & Football (Ages 3-5) JM

We will learn the great sport of football. Running, passing, defense and kicking will be emphasized. We will also play baseball where hitting, base running, throwing and fielding will be taught.

Location: Mann School

F, 4-4:45pm

Nov 7 - Dec 12 (No class 11/28)

of weeks: 5

\$35/\$52

#413790-22

Min 6/Max 30

Little Miss Athlete & Little Mister Athlete (Ages 3-5) JM

For girls only (Miss Athlete) and boys only (Mr. Athlete). We'll explore a variety of sports each week. It's a great way to try out baseball, football, soccer and more with fun as the focus.

Location: Hatch School

Little Miss Athlete

M, 4-4:45pm

Nov 3 - Dec 1

of weeks: 5

\$35/\$52

#413790-14

Min 6/Max 30

Little Mister Athlete

M, 5-5:45pm

Nov 3 - Dec 1

of weeks: 5

\$35/\$52

#413790-15

Min 6/Max 30

The Park Connection



Connecting Community to Quality of Life

Sign up today for the Park District's E-Newsletter "Park Connection," designed to keep you informed of what's going on at your park district. To sign up, visit www.oakparkparks.com and click on "Park District E-News - Click to Subscribe!"

Basketball for Ages 5-10

Tiny Trotters Basketball

(Ages 5-7)

JM

Want to dribble like a pro and dunk like a champ? Then join this program instructed by *On-the-Go Sports*, a professional sports company located in Evanston, Illinois, and learn the fundamentals of basketball! Learn from coaches who have played basketball on a collegiate level as they teach you the proper techniques of the game in a fun team setting. Individual instruction is combined with group games and drills to give you the edge on the court.

Location: Barrie Center Sport Court

M, 5-6pm

\$71/\$107

Sep 8 - Oct 20 (No class 10/13)

#413790-05

of weeks: 6

Min 6/Max 20

Basketball (Ages 8-10)

JM

Learn from the pros! In this exciting basketball program, participants will learn the basic fundamentals of basketball from those who have played at the collegiate and professional levels. Participants will work on improving dribbling, shooting, ball handling, and passing skills, while also being exposed to the basic rules, offensive and defensive principles of the game. This class is instructed by *On-The-Go Sports*, a professional sports company located in Evanston, Illinois.

Location: Barrie Center Sport Court

M, 6-7pm

\$71/\$107

Sep 8 - Oct 20 (No class 10/13)

#413790-06

of weeks: 6

Min 6/Max 20

Flag Football

Flag Football Clinic (Ages 6-7)

JM

Learn football from REAL athletes who have played football at the collegiate and/or professional level. This high energy non-contact football clinic teaches the fundamentals of the sport including passing, receiving, blocking, routes, and more. Classes will also include scrimmages and occasional guest speakers from current and former NFL and college teams.

Location: Barrie Park

W, 5-6pm

\$71/\$107

Sep 10 - Oct 15

#413790-02

of weeks: 6

Min 6/Max 20

Golf

Youth Golf (Ages 5-7)

JM

Designed as an introduction to golf, participants will engage in fun drills and games as they learn the complicated golf swing and are taught the rules and proper etiquette of the game. The main objective is fun! All equipment is provided; participants may bring their own clubs. This class will be conducted by All Star Sports, a professional sports company.

Location: Carroll Park

Sa, 11:15am-12pm

\$70/\$105

Sep 13 - Oct 25

#413790-13

of weeks: 7

Min 6/Max 10

Fencing



Fencing (Ages 10 & up)

BN

En garde! Diana Unger, a certified coach with the United States Fencing Association with more than 25 years of fencing experience, will teach you the basics of fencing. Fencing requires patience, concentration, discipline, and self-awareness. Self-confidence, self-control, and emotional strength gained from this sport will lead to a healthier lifestyle. Weapons, jackets, and masks will be provided and shared among classmates.

Instructor: Diana Unger, Chicago Fencing Club

Location: Beye School

Beginning Fencing (Ages 10-11)

Th, 4:45-5:45pm

\$90/\$135

Sep 18 - Nov 20

#433260-01

of weeks: 10

Min 4/Max 10

Beginning Fencing (Ages 12+)

Th, 5:45-6:45pm

\$90/\$135

Sep 18 - Nov 20

#433260-02

of weeks: 10

Min 4/Max 10

Intermediate Fencing (Ages 11+)

Th, 6:45-7:45pm

\$90/\$135

Sep 18 - Nov 20

#433260-03

of weeks: 10

Min 4/Max 10

Sports Conditioning

Sports Conditioning (Ages 9-13)

JM

This action packed co-ed class combines all the essentials necessary to improve your child's skill in sports like basketball, football, soccer, and baseball all while doing it in a fun and fast-paced setting! Class drills will concentrate on improving agility, lateral movements, hand-eye coordination, cardiovascular endurance and footwork. Each class will consist of both one-on-one and group training.

Location: Barrie Park

W, 6-7pm

\$71/\$107

Sep 10 - Oct 25

#413790-01

of weeks: 6

Min 6/Max 20

Indoor Tennis Instruction @ the Tennis & Fitness Centre

(Not a Park District Program)

The Park District is pleased to partner with the Tennis and Fitness Centre to offer tennis instruction for youth during the fall season. Each week, players are introduced to new techniques, fun challenges, and game situations within a friendly, supportive structure. Skill development, game fundamentals, and fitness are the focus. Classes begin the week of Sept. 14th. **This is not a Park District program** - for pricing, more information or to register, please call the Tennis and Fitness Centre at 386-2175.

T-Ball

Intro to T-Ball (Ages 3-4) JM

This class covers the basics of baseball in a fun and safe environment where no one stands around. Throwing, catching, hitting and fielding will be taught as well as running the bases and how to play the game. Games will be played every week. Participants should bring their own glove. All other equipment is provided. Location: Carroll Park

Sa, 9-9:45am	\$70/\$105
Sep 13 - Oct 25	#413790-11
Sa, 10-11am	\$70/\$105
Sep 13 - Oct 25	#413790-12
# of weeks: 7	Min 6/Max 14

Wrestling

NEW! Co-Ed Youth Wrestling (Ages 6-14) JM

The Park District of Oak Park and the Oak Park Youth Wrestling Club have teamed up together to offer this great program. The program will be led by OPRF High School Wrestling Coach Mike Powell. In this program participants will improve their self-confidence, physical fitness, discipline and sense of belonging. This program serves as a great introduction to the sport of wrestling while learning the fundamentals at the same time. Participants are required to bring workout gear (Synthetic or Cotton), shorts, t-shirt with no buttons and no zippers.

Location: Oak Park & River Forest High School	
Tu, & Th, 5-7pm	\$100/\$150
Sep 30-Oct 23	#413790-24
# of weeks: 4	Min12/Max 50

Soccer

Instructional Soccer (Ages 3-6) JM

This program is designed to teach children the basics of soccer in a fun and exciting way. Dribbling, passing, and shooting will be covered through fun games that keep everyone moving. This class is great for coordination and self-esteem. The main objective is to have fun! All Star Sports, a professional sports company, will instruct this class.

Location: Barrie Park

Ages 3-4

Tu, 4-4:45pm	\$70/\$105
Sep 9 - Oct 21	#413790-03
Tu, 5-5:45pm	\$70/\$105
Sep 9 - Oct 21	#413790-04
# of weeks: 7	Min 6/Max 14

Ages 4-6

F, 4-5pm	\$70/\$105
Sep 12 - Oct 24	#413790-09
F, 5:15-6:15pm	\$70/\$105
Sep 12 - Oct 24	#413790-10
# of weeks: 7	Min 6/Max 14

Goalkeeping and Shooting Soccer Clinics (Ages 8-13) JG

These clinics are great experiences with quality coaches teaching goalkeeping and shooting skills. Enjoy the professional training and experience of these great coaches, all licensed by the United States Soccer Federation (USSF).

Location: Field Park

F, Sep 19	\$27/\$41
Goalkeeper Clinic 4-5pm	#412280-01
Shooting Clinic 5:15-6:15pm	#412280-02
Both clinic times above	\$48/\$72
	#412280-03
	Min 10/Max 30

LOTTERY!

Lottery Deadline is Noon, Aug 14.
Please read lottery info on page 75.

Volleyball

VolleyKidz (Grades K-2) JM

Bring out the little ones and join the professionals in an introductory class for ages 5-7. Instructors will introduce participants to passing, setting and spiking using a very light volleyball. The pros will improve each child's hand/eye coordination through the use of fun drills and group games. This program is dedicated to enhancing skills and making the game enjoyable.

Location: Longfellow School Gymnasium

F, 4-4:45pm	\$58/\$87
Sep 12 - Oct 17	#413780-01
Nov 7 - Dec 19 (No class 11/28)	#413780-04
# of weeks: 6	Min 8/Max 16

Volleyball Skills & Drills (Ages 8-13) JM

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. Learn and develop skills needed to play games. All students will receive a 6-Point evaluation and a Youth Volleyball Rating. Instructors will organize games at the end of each class.

Location: Longfellow School Gymnasium

Ages 8-10

F, 4:45-5:45pm	\$75/\$112
Sep 12 - Oct 17	#413780-02
Nov 7 - Dec 19 (No class 11/28)	#413780-05
# of weeks: 6	Min 8/Max 16

Ages 11-13

F, 5:45-6:45pm	\$75/\$112
Sep 12 - Oct 17	#413780-03
Nov 7 - Dec 19 (No class 11/28)	#413780-06
# of weeks: 6	Min 8/Max 16

**Registering Online?
Sign Up Today!**

Online registration closes two days before a class begins. Remember to sign up early to ensure your spot.



Youth Sports On Wheels!

Skateboarding Level 1 (Ages 5-10) *BN*

This class is designed for those just starting out in skateboarding. Participants will learn the very basics of the sport such as proper foot positioning and pushing so that they can become comfortable skating flat ground and learn how their equipment works. Because skateboarding is an individual sport, participants will learn at their own pace with the help of experienced instructors who will give plenty of one-on-one time, even in this group setting. Participants must provide their own helmet and skateboard. Other pads are recommended. The skate park will be closed to the public during this program.

Location: Stevenson Skate Park

W, 6-6:55pm	\$35/\$52
Sep 17 - Oct 8	#423250-08
Oct 22 - Nov 12	#423250-10
W, 7-7:55pm	\$35/\$52
Sep 17 - Oct 8	#423250-09
Oct 22 - Nov 12	#423250-11
# of weeks: 4	Min 4/Max 10

Skateboarding Level 2 (Ages 6-12) *BN*

Once you're feeling comfortable skating flat ground, this class will help you learn more advanced tricks and techniques so that you can start learning how to ride those ramps. Participants must provide their own helmet and skateboard. Other pads are recommended. The skate park will be closed to the public during this program.

Location: Stevenson Skate Park

Sa, 10-10:55am	\$35/\$52
Sep 20 - Oct 11	#423250-02
Oct 25 - Nov 15	#423250-03
# of weeks: 4	Min 4/Max 12

Skateboarding Level 3 (Ages 7-14) *BN*

This third level class is designed for skaters who are comfortable dropping in and are ready to learn more advanced flip tricks, grinds, and skills using the ramps. Participants must provide their own helmet and skateboard. Other pads are recommended. The skate park will be closed to the public during this program.

Location: Stevenson Skate Park

Sa, 11-11:55am	\$35/\$52
Sep 20 - Oct 11	#423250-04
Oct 25 - Nov 15	#423250-07
# of weeks: 4	Min 4/Max 10



League Sports: Soccer

Park District Soccer League Fall Season

JG

Everyone gets a kick out of soccer! Join the Park District for fall league play. Kids will learn basic soccer skills as well as sportsmanship and teamwork. Games will be played on Saturdays at Fox Park, located at Oak Park Ave and Jackson Blvd. We will try to keep our teams between 10-12 players, but sometimes due to registration, our soccer teams will have a minimum of 8 and a maximum of 15 players on a team. **There is a special soccer information distribution night on Thursday, September 4 at Barrie Center from 5-8pm, where schedules and t-shirts will be distributed.** Sign up today for a fall filled with soccer fun! Shinguards and t-shirts are required to participate in games.

Dates: Sep 8 - Oct 25

Fees: \$58 resident*/\$87 non-resident

*\$10 discount for Oak Park residents who before August 18!

of weeks: 7

Registration Deadline: M, Aug 25

Grade	Location	Practice Days	Times	Code	Min/Max
K-1st	Andersen Park	Tu & Th	4-5pm	#412120-01	8/20
K-1st	Field Park	M & W	4-5pm	#412120-02	8/40
K-1st	Barrie Park	Tu & Th	4-5pm	#412120-03	8/30
K-1st	Fox Park	M & W	4-5pm	#412120-04	8/40
2nd-3rd	Andersen Park	Tu	5-6:30pm	#412121-01	8/20
2nd-3rd	Field Park	W	5-6:30pm	#412121-02	8/20
2nd-3rd	Barrie Park	Tu	5-6:30pm	#412121-03	8/20
2nd-3rd	Fox Park	M	5-6:30pm	#412121-04	8/20
4th-6th	Field Park	M	5-6:30pm	#412122-01	8/20
4th-6th	Fox Park	W	5-6:30pm	#412122-02	8/20